

# **SMS Terms & Conditions**

Effective Date: 06/11/2026

## **Program Description**

By providing your mobile phone number and opting in, you agree to receive text messages from Cairn Recovery Resources. These messages may include appointment reminders, appointment confirmations, scheduling updates, service-related notifications, and other communications related to your care and participation in our programs.

## **Message Frequency**

Message frequency may vary depending on your appointments, services, and communication needs.

## **Opt-Out**

You may opt out of receiving text messages at any time by replying STOP to any message. After opting out, you will no longer receive SMS messages from Cairn Recovery Resources unless you provide new consent.

## **Help**

For assistance, reply HELP to any message or contact Cairn Recovery Resources at 740-487-3000.

## **Message and Data Rates**

Message and data rates may apply. Please contact your wireless carrier for information regarding your text messaging plan.

## **Privacy**

No mobile information will be shared with third parties or affiliates for marketing or promotional purposes.

Text messaging originator opt-in data and consent will not be shared with any third parties, excluding aggregators and providers of the text messaging services.

For additional information about how we collect, use, and protect your information, please review our Privacy Policy.

## **Carrier Liability**

Wireless carriers are not liable for delayed or undelivered messages.

## **Contact Information**

Cairn Recovery Resources

Phone: 740-487-3000

Website: [cairnrecovery.com](http://cairnrecovery.com)

Email: [info@cairnrecovery.com](mailto:info@cairnrecovery.com)